As the professional association of the Foreign Service since 1924, AFSA is the principal advocate for the long-term institutional well-being of the professional career Foreign Service.

STAY CONNECTED:

- **The Foreign Service Journal.** As an AFSA member, you receive 10 issues a year of this award-winning publication sent to your home.

- **AFSA’s Daily Media Digest.** A must-read sent Monday through Friday containing the most interesting and relevant articles pertaining to the Foreign Service from top news sources.

- **Updates from AFSA Leadership.** Receive regular email alerts on AFSA’s latest engagements with Capitol Hill, upcoming events and presentations at AFSA, and key information or updates concerning your retirement benefits.

- **Retiree Directory.** Each year you will receive a directory of all retired members to help you stay connected with former colleagues and friends. This directory contains a resource section outlining key retirement topics and contact information for relevant government offices.

- **AFSA Events.** Receive email invitations from AFSA for our events, which include talks by Foreign Service authors, retirement-related presentations, happy hours, and Foreign Service Day activities. [www.afsa.org/events](http://www.afsa.org/events).

STAY ENGAGED:

- **Speakers Bureau.** Join our Speakers Bureau to share your expertise and highlight the importance of diplomacy in your local community. We’ll equip you with talking points that help tell the story of the Foreign Service and resources for you to develop outreach opportunities locally. We may also contact you when we receive a request for a speaker. [www.afsa.org/speaker](http://www.afsa.org/speaker).

STAY SMART:

- **One-Stop Shop for Retirement Information.** Check out the Retirement Services section of AFSA’s website ([www.afsa.org/retirement](http://www.afsa.org/retirement)), a one-stop shop offering articles, Department of State ALDACs, checklists, videos, and a wealth of other information to answer questions and identify issues to consider as you progress through your retirement years. This site is helpful to active duty personnel planning for retirement but is particularly useful for retirees, who no longer have access to their agencies’ intranet sites.
• **AFSA’s Federal Benefits Series** consists of presentations on Foreign Service federal benefits, which require highly specialized speakers as FS benefits differ from those applicable to the civil service. AFSA also presents talks on Social Security, health insurance, and other germane benefits topics, all of which are posted on our website for the benefit of all of our members at www.afsa.org/video.

• **AFSA’s Newly-Inaugurated “Next Stage” Program** presents panels composed of retired Foreign Service employees who have successfully transitioned into follow-on careers, avocations, and volunteer opportunities. Thus far, AFSA has presented panels on teaching, writing, the private sector, and post-FS diplomatic security jobs. Presentations are taped and posted to our website and are accessible to all members at www.afsa.org/video.

• **AFSA’s Retirement Newsletter** provides fresh easily-digestible information every two months regarding retirement benefits and other information pertinent for FS retirees. (www.afsa.org/retirement-newsletter).

**AND, IF YOU NEED HELP:**

• **AFSA Retirement Benefits Counselor.** If you have trouble navigating government retirement systems, or have a retirement-related question or issue you need assistance in resolving, contact AFSA’s Retirement Benefits Counselor, Dolores Brown, at (202) 944-5510 or by emailing brown@afsa.org.